

Work Plan – At a Glance



<ul style="list-style-type: none"> • Communication #1: Education & Inform • Establish GASC • Advocate for the Grove Redevelopment • Increase awareness of non- urgent transportation options • Improve accessibility at Town Hall 	<ul style="list-style-type: none"> • Communication #2: Educate, Inform, Involve, Collaborate • Advocate for the Grove Redevelopment • Increase awareness and knowledge of existing senior's services • Expand educational offerings for Seniors • Promote improved accessibility of stores and business in Town • Network and share resources with other senior's councils, agencies 	<ul style="list-style-type: none"> • Communication #3: Educate, Inform, Involve, Collaborate • Advocate for the Rural Senior's Village • Senior's Expo/Senior Games • Promote and educate on Age- Friendly Businesses
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2019

2020

2021

- Communication #3: Education & Inform, Involve, Collaborate , Empower
- Senior's Expo
- Promote and educate on Age-Friendly Businesses
- Groundbreaking Grove Redevelopment
- Maintain and grow social, recreational and educational opportunities for seniors through SALC (McNabBraeside & Arnprior location) , Men's Shed
- Explore new and innovative seniors housing options that allow for progressive care and aging in place

- Communication #3: Educate, Inform, Involve, Collaborate, Empower
- Increase involvement of the business community in addressing seniors needs
- Seniors Fair
- Explore new and innovative seniors housing options that allow for progressive care and aging in place
- Advocate to the County for funding for affordable housing

- Communication #3: Educate, Inform, Involve, Collaborate, Empower
- Substantial completion Grove Redevelopment
- Support and advocate for the renovations of the old Grove and plan for a sustainable Rural Seniors Village that meets the needs of the community

Legend:

ADP- Adult Day Program

AFCP – Age-Friendly Community Plan

AMBSAH – Arnprior McNab Seniors at Home

AODA - Accessibility for Ontarians with Disabilities Act

ARH – Arnprior Regional Health

CC – Chamber of Commerce

FHT – Family Health Team

GASC – Greater Arnprior Seniors Council

PRC – Physician Recruitment Committee

RCVTAC – Renfrew County Virtual Triage and Assessment Centre

SALC – Seniors Active Living Centre

Work Plan

Strategy Nbr	Strategy	Action Nbr	Action	Status	Target	Current State	Lead
1.1	Increase the supply of long-term care beds	1.1.1	Advocate for new beds	Complete	2017	Grow the Grove: engaging the community, meeting with local members of parliament.	GASC ARH
1.1	Increase the supply of long-term care beds	1.1.2	Complete design of Grove redevelopment 96 –bed facility	Complete	2018	Design completed	ARH
1.1	Increase the supply of long-term care beds	1.1.3	Provide additional health, transportation and home support services to individuals on LTC waiting list	Complete	2020	Seniors at Home Support to receive funding for an additional vehicle and operating cost to increase transportation	GASC, AMBSAH ARH
1.1	Increase the supply of long-term care beds	1.1.4	Construct new 96-bed facility	In works	2019	Construction to be completed September 2021	ARH
1.2	Explore new and innovative seniors housing options that allow for progressive care and aging in place	1.2.1	Review best practices and housing models in other jurisdictions	In works	Ongoing	Seniors Housing Sub-committee established and investigating various models and opportunities (ie. Abbeyfield)	GASC Seniors Housing Cttee
1.2	Explore new and innovative seniors housing options that allow for progressive	1.2.2	Seek opportunities to combine with needs of those with developmental disabilities	Not started	2022		GASC, L'Arche, ARH

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	care and aging in place						
1.2	Explore new and innovative seniors housing options that allow for progressive care and aging in place	1.2.3	Advocate to the County for funding for affordable housing	In works	2021	Participated in 10-year Housing and Homeless Strategy review	GASC, Town, ARH
1.3	Improve accessibility of buildings and outdoor spaces across the community	1.3.1	Install chair lift and construct lower counters in Town Hall building	Complete	2016	Town has incorporated these changes into their building. Opportunity to inform the community.	Town
1.3	Improve accessibility of buildings and outdoor spaces across the community	1.3.2	Ensure AODA compliance for new and redeveloped trails	In works	Ongoing	Town with Accessibility Committee ongoing audits to ensure compliance with AODA	GASC, Town
1.3	Improve accessibility of buildings and outdoor spaces across the community	1.3.3	Conduct feasibility study of key areas of the Nick Smith Centre	Complete		NSC audit committee reported to Council in Dec 2018, implementation underway	Town, (Rec)
1.3	Improve accessibility of buildings and outdoor spaces across the community	1.3.4	Promote improved accessibility of stores and businesses in Town	In works	Ongoing	Advocate with town Accessibility Committee.	GASC Town

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1.3	Improve accessibility of buildings and outdoor spaces across the community	1.3.5	Complete Downtown Revitalization Project	Complete	2017	Accessibility improvements included in Downtown Revitalization plans. Inform community of changes that impact accessibility.	Town
1.4	Increase transportation options for seniors	1.4.1	Integrate and coordinate existing transportation services	In works	Ongoing	Summary of existing non-urgent transport options complete. Info shared with Seniors At Home Inc.	AMBSAH, Town
1.4	Increase transportation options for seniors	1.4.2	Investigate and pursue funding opportunities for expanded transportation	In works	Ongoing	AMBSAH/ Town applied for extra funding for additional vehicle and operating cost. New vehicle in use.	AMBSAH Town, GASC
1.5	Encourage and support new retail development in Arnprior	1.5.1	Continue Town economic development and marketing initiatives	In works	Ongoing		Town
1.5	Encourage and support new retail development in Arnprior	1.5.2	Review /expand incentives to attract new businesses	In works	Ongoing		Town
2.1	Raise awareness and knowledge of existing available senior's services	2.1.1	Disseminate information through identified community portals	In works	Ongoing	Continue per communication plan	Darrel Town
2.1	Raise awareness and knowledge of existing	2.1.2	Develop a single compendium of all services /agencies /contacts	Complete	2018	211 service determined to address this	GASC

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	available senior's services						
2.2	Expand services and supports for seniors living independently in the community	2.2.1	Advocate for additional funding of assisted living services	In works	Ongoing		ARH
2.2	Expand services and supports for seniors living independently in the community	2.2.2	Expand housing maintenance, renovation and financial support	Not started		Advocate at County level	ARH Town GASC
2.2	Expand services and supports for seniors living independently in the community	2.2.3	Seek opportunities to expand community paramedicine program	In works	Ongoing	RCVTAC established in 2020, advocate for continuing service	FHT ARH GASC
2.2	Expand services and supports for seniors living independently in the community	2.2.4	Explore mobile opportunities to take services to seniors	Not started		Eg. RCVTAC provides medical services at home.	FHT ARH GASC
2.2	Expand services and supports for seniors living independently in the community	2.2.5	Outreach to isolated seniors	In works	Ongoing	Library provides book-mobile, SALC offers call-in sessions	AMBSAH; SALC
2.3	Maintain and grow social, recreational and educational opportunities for seniors	2.3.1	Design programs to encompass visual, mobility and cognitive impairments	In works	Ongoing	SALC Classes offered in boxing for Parkinson	SALC FHT

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2.3	Maintain and grow social, recreational and educational opportunities for seniors	2.3.2	Expand day programs	Complete	2018	Successfully received LHIN funding to add an additional day for the Adult Day Program. Mondays are now specific for Dementia clients.	ADP
2.3	Maintain and grow social, recreational and educational opportunities for seniors	2.3.3	Expand educational offerings	In works	ongoing	Summary of existing programming options completed. SALC offers monthly educational talks, guest speakers through Zoom. Additionally the SALC offers educational programs, such as computer literacy.	Library , SALC
2.3	Maintain and grow social, recreational and educational opportunities for seniors	2.3.4	Execute the Town Recreation Master Plan	In works	ongoing	Working on Waterfront Master Plan - 2021	Town (Rec)
2.4	Expand and enhance health services for seniors	2.4.1	Continue /expand health promotion and healthy living initiatives	In works	Ongoing	The SALC offers weekly exercise, music and yoga classes for seniors. Virtual classes during pandemic.	FHT, SALC
2.4	Expand and enhance health services for seniors	2.4.2	Attract seniors-related medical expertise to the Town	In works	Ongoing		ARH, PRC, FHT
2.4	Expand and enhance health services for seniors	2.4.3	Develop new hospice and expand palliative care	In works	Ongoing		ARH, FHT
2.4	Expand and enhance health	2.4.4	Expand services for seniors with dementia	In works	Ongoing	ADP added a day for Dementia clients.	Dementia Society,

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	services for seniors					Partnership between ARH and Dementia Society is growing and allows for innovate programs for seniors with dementia to be brought to Arnprior.	ADP, ARH
2.5	Provide financial support and cost relief	2.5.1	Identify and communicate available subsidies, discounts and financial support program	Not started	2023		Town, County
2.5	Provide financial support and cost relief	2.5.2	Offer financial literacy training and advise	In works	Ongoing	The SALC provides virtual programs through Senior's Without Walls and Elder Abuse Prevention Ontario, as well as research resources for Senior's.	SALC
2.5	Provide financial support and cost relief	2.5.3	Advocate for increased housing and social services subsidies	In works	Ongoing	Town to undertake Affordable Housing Needs Study in 2021	County, housing and social services Town
2.6	Increase inter-agency collaboration and resource sharing	2.6.1	Increase client referrals and cross information sharing	In works	Ongoing		ARH, FHT, AMBSAH
2.6	Increase inter-agency collaboration and resource sharing	2.6.2	Pursue ongoing opportunities for collaboration and service consolidation	In works	Ongoing	Liasion with Ontario Senior's Secretariat, Southern Ontario Age Friendly Network, Ottawa Seniors and the Ontario Association of Councils on Aging. Assisted Whitewater Region with	GASC, Town

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						Age-Friendly Community Planning.	
3.1	Increase the level of engagement of seniors within the community	3.1.1	Establish a senior's council	Complete	2016	Representation from the Town of Arnprior and Braeside-McNab, community Seniors and organizations. New Member Recruitment ongoing.	GASC (Darrel)
				Complete	2016	Logo complete. Communication plan complete.	ARH
				In works	Ongoing	Work plan updated – add 2022-2025 time frame in 2021	ARH (KS) Town (RP), GASC (Darrel)
				In works	Ongoing	Pursuing various grant opportunities.	Town, GASC
				Complete	2017	Year 1 complete, survey of members completed, website design completed.	Town, FHT
3.1	Increase the level of engagement of seniors within the community	3.1.2	Reach out and collaborate with seniors in surrounding areas	In works	Ongoing	Assisted Whitewater Region Twp with their AFCP, met with Ministerial Council, service groups	GASC
3.1	Increase the level of engagement of	3.1.3	Establish a seniors drop-in Centre to serve as a community hub	Complete	2018	SALC established Oct 1, 2018; Men's Shed to open	GASC, ARH, Town

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	seniors within the community					02/2019	
3.1	Increase the level of engagement of seniors within the community	3.1.4	Develop and maintain an active volunteer network	In works	Ongoing	Volunteer Coordinator of the SALC; SALC senior advisory ctee established; recruit members for GASC executive	SALC, GASC, FHT(KS)
3.1	Increase the level of engagement of seniors within the community	3.1.5	Increase profile of seniors activities and accomplishments	In works	Ongoing	Monthly news articles submitted by GASC	Local media, Town, ARH Foundation
3.2	Increase involvement of the business community in addressing seniors needs	3.2.1	Develop sponsorship opportunities	In works	Ongoing	SALC sponsorships – Algonquin College used material/equipment donation; Lion's and Legion donations, public donations	GASC, CC
3.2	Increase involvement of the business community in addressing seniors needs	3.2.2	Provide fact sheets and tools on seniors needs for businesses on seniors needs	Not started	2022		GASC, CC, Town
3.2	Increase involvement of the business community in addressing seniors needs	3.2.3	Offer training on seniors needs to retail and service staff	In works	2022	Develop a Gap analysis of what the needs are for seniors and what gaps need to be closed. High Five Training to GASC	GASC, CC; Dementia society; FHT;

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	seniors needs					membership and implement High Five Training in GASC initiatives/supported programs	Town
3.3	Introduce an intergenerational component to programs and services	3.3.1	Identify and modify programs where appropriate	In works	Ongoing	Men's Shed provides intergenerational programming. During COVID created kits for kids to make projects.	Town, library, SALC
3.3	Introduce an intergenerational component to programs and services	3.3.2	Utilize High School volunteer hours in service delivery to seniors	In works	Ongoing	High School students started to volunteer at the SALC; to be continued as an ongoing partnership	High School, student council
3.3	Introduce an intergenerational component to programs and services	3.3.3	Involve youth in education/ assisting seniors with technology	Not started	2022		High School, SALC
3.4	Leverage technology as a lifestyle enabler for seniors	3.4.1	Provide user friendly education on technology for seniors	In works	Ongoing	SALC offers technology education and continues to monitor and research new technologies for seniors.	GASC, SALC
3.4	Leverage technology as a lifestyle enabler for seniors	3.4.2	Simplify access/use of technology and social media for connecting and networking seniors and their families	In works	Ongoing	GASC website, SALC website, Facebook and Instagram	GASC, SALC, Library
3.4	Leverage technology as a lifestyle enabler for seniors	3.4.3	Continually monitor developments in technology applicable to seniors	In works	Ongoing	New Town website will meet accessibility standards	Library, GASC, Town