**Greater Arnprior Seniors Council (GASC) Records of Discussion**

**Wednesday, February 22, 2017**

**Location: Arnprior Town Hall**

**Present:**

Darrel O’Shaughnessy – GASC Member (Chair)

Robin Paquette – Planner, Town of Arnprior (Acting Secretary)

Ralph Chown – GASC Member

Dennis Harrington and Mandy Stinson – Arnprior McNab/Braeside Seniors at Home

Katrin Spencer – Arnprior Regional Health

Jennifer Torode – Arnprior and District Family Health Team

Rick Gwalchmai- Recreation, Town of Arnprior

Maureen Sullivan-Bentz– Hospice Renfrew

**Regrets:**

Sandra Elliott – GASC Member (Secretary)

Pamela Lemay – GASC Member

Susan Leach – Arnprior Regional Health

Geoff Patterson – Township of McNab/Braeside (Recreation)

Kaila Zamojski – Town of Arnprior

Karen Deluca – Town of Arnprior (Library)

Glenn Arthur – Town of Arnprior (Recreation)

1. **Call to order**

Our meeting was called to order at 9:05 am

1. **Roll Call**

See Regrets

1. **Adoption of Agenda** – Add Hike for Hospice and Dragon Boat Challenge under #8.

Approved

1. **Approval of Records of Discussion from meeting of January 18, 2017**

Approved

1. **Matters of Discussion from meeting of January 18, 2017**
   1. **Website Update – Robin Paquette and Jennifer Torode**

A meeting has taken place with Kelsey McMillan and information is being provided back to her. Photos for the site are welcome and we will consider having a calendar of events. The Hospice Renfrew newly designed website it up and running.

* 1. **Senior Stick Curling Fun Day – Feb 23/March 16 – Rick Gwalchmai**

There are 24 registrants prepared to try out curling from 10:30 to 2:30. About 25 volunteers are lined up to teach and provide lunch, equipment is ready. We will try to get Lindsay to take some photos.

* 1. **Ontario Association of Councils on Aging (OACA) – Darrel O’Shaughnessy**

Darrel has sent Sarah a note of our interest in participating but has not received a response as yet.

* 1. **Transportation Options for Seniors – Denis Harrington and Darrel O’Shaughnessy**

A meeting has been requested but not as yet scheduled with Mayor Reid and CAO Michael Wildman.

* 1. **Monthly News Article for Chronicle Guide – Darrell O’Shaughnessy**

Some ideas proposed included: Follow-up on Curling Sessions, introduce web site, services at Family Health Team**.**

* 1. **Compendium of Services – Pam /Robin**

Nothing to report.

* 1. **Grove Redevelopment Update – Katrin Spencer**

Keep getting those post cards signed! John Yakabuski, MPP, would like to deliver 1,000 and raise the question on the floor of the legislature at the end of February. The CBC did the story and the feedback has been really good. The message is getting out. The website should be up in early March.

* 1. **Other Funding Opportunities – Seniors Community Grant (potential Hospice Renfrew/Library joint venture**

Palliative Care Training – haven’t heard back. Not sure if library applied.

1. **New Business**
   1. **Arnprior & District Family Health Team (FHT) – Jennifer Torode**

Jennifer had provided information to the Council and advised that the approximately one third of the programs offered by the FHT are available to anyone in the community. Programs include things such as holistic healing with the Healthy You Program and Budget Bites, whereby with assistance from No Frills, meals are prepared using products one would receive from the Food Bank. The health services are kept under wraps as there aren’t enough to go around based on the funding available. How can the GASC help the FHT? Making people more aware of the programs offered, use their Facebook page, link to their website on ours. Over the next three years, they may see a change in where funding is coming from. Patient First legislation is coming forward and this affects the services offered. They have been around since 2011 and people still don’t know enough about them. They are getting buy-in from staff with new focused committees. Their new website is at <https://arnpriorfht.ca/>.

* 1. **GASC Vice Chair Appointment**

With regret we have received the resignation of John Heymans from the Committee. It would be desirable to have additional senior members on the Committee. Darrel is going to approach a few of his cohorts to see if anyone is interested.

1. **Correspondence**

No correspondence was submitted.

1. **New Business**
   1. **Hike for Hospice – Maureen Sullivan-Bentz**

Maureen introduced this year’s Hike for Hospice on May 7th, 2017. This event is one of their best fundraisers and gets better every year. Anyone can sign up to participate in the 3km walk or 5km run, either as a team or individually, by donation, leaving from Mattawa Park. Maureen will bring posters to the next meet. More information and a youtube video are available on their website: <http://www.hospicerenfrew.ca/hike-or-run-for-hospice-2017/>.

* 1. **Dragon Boat Challenge – Darrel O’Shaughnessy**

Darrel advised of this year’s Dragon Boat Challenge at the festival on July 22nd. Posters will be coming out shortly. The cost is $700/team of 20, and there are free practices before the race, the races and prizes. Consider putting in a Community Team.

1. **Adjournment**

Meeting adjourned at 10:45 AM.

NOTE: **Next meeting will be held Wednesday March 22nd (3rd Wednesday in February) at 9:00 am at the Arnprior Hospital, Entrance C, Level 2, Boardroom.**