

About Our Program

- Open to adults 65+ who live in the community and have physical and/or cognitive impairments, such as Alzheimer's or dementia
- Runs from Monday to Friday, from 9:30 AM – 3:30 PM
- Clients can chose to attend one or more days a week
- Allows clients to maintain intellectual, social and physical independence
- Minimal daily fee includes a hot, nutritious lunch and snacks
- Fully accredited with exemplary standing by Accreditation Canada
- Local transportation options are available



The Arnprior Adult Day Program

275 Ida Street North
Arnprior, Ontario

To arrange a tour, contact:

The Adult Day Program Staff

613-623-6547 ext. 228

adultdayprogram@arnpriorhealth.ca



www.arnpriorregionalhealth.ca

*Together, we create
a healthy community.*

The Arnprior Adult Day Program



**Where
Friends
Meet**

Call us today for a tour!
613-623-6547 ext. 228

An Arnprior Regional Health Program



Our Programming

Clients are directly involved in designing enriching programs and activities that focus on their strengths and abilities.

Examples Of Our Programs:

- **Baking**
- **Woodworking**
- **Painting**
- **Games**
- **Community outings**
- **Special events**
- **Entertainment**
- **Visits from local students**
- **Mom and baby groups**
- **Fitness classes**



“There’s no resistance to going. I know my dad is having fun and enjoying the connection with different people. It’s also really good for Mom, to give her a bit of a break. I only wish he had the pleasure of having the great memories of the experiences you and your team are creating for him. Just know that you’re making a difference in his world.”

- Feedback from a son of one of our clients