

GREATER ARNPRIOR SENIORS COUNCIL – RECORDS OF DISCUSSION
Wednesday, March 20, 2019 – 9:00AM

Location: JAG Recreation Centre, 138 Sarah Street, Braeside

Present:

Laurel Reid - Vice Chair	Graeme Ivory-Town of Arnprior, Recreation
Robin Paquette –Town of Arnprior (Acting Sec.)	Karen Simpson-Arnprior Family Health Team
Eleanor Hotchkiss - GASC Member	Pam LeMay-GASC Member
Mandy Stinson - Seniors at Home	Geoff Patterson, McNab/Braeside
Dennis Harrington-Seniors at Home	Angie Heinz – Arnprior Regional Health
Zander Abercrombie-GASC Member, Youth Rep.	
Ralph Chown-GASC Member	

Regrets

Darrel O’Shaughnessy - Chair	Karen DeLuca-Town of Arnprior, Library
Glenn Arthur-SALC Program Coordinator	Judy Cobus-Hospice Renfrew
Sandra Elliot – GASC Member (Secretary)	Kaila Zamojski-Town of Arnprior, Clerk
Rick Gwalchmai-Town of Arnprior ,Recreation	Eric Hanna – Arnprior Regional Health
Caitlyn Brydges - DSORC	

1. Call to Order

The meeting of the Greater Arnprior Seniors Council commenced at 9AM

2. Roll Call

All Members of the Greater Arnprior Seniors Council were present with the exception of those noted above.

3. Adoption of Agenda (Additions/Deletions)

The Agenda was adopted as presented.

4. Approval of Records of Discussion from meeting of February 20, 2019

The Records of Discussion from meeting of February 20, 2019 were approved as amended.

5. Program Updates

5.1 SALC Update – Glenn Arthur

Glenn Arthur was unavailable to attend the meeting to provide an update. Laurel noted that there are currently 318 members enrolled and 160 have renewed their membership for 2019. The renewal date is March 31st and the cost is \$25.

5.2 Men’s Shed Update – Laurel Reid

The Men’s Shed had its official opening on February 28th and was a very positive afternoon with 90-100 visitors. There are 15 members with a hope to have 25-30 by year end. The group is working on orders for: 12 accessible picnic tables, 1 bat house, 6 bird houses, a 10’x10’ shed for the Grove and planter boxes for the museum. Defibulator training is upcoming in April for members.

5.3 Senior Active Living Fair – Graeme Ivory

The Expo is scheduled for March 30th from 10am-4pm in the Community Hall of the Nick Smith Centre. There are 28 vendor spaces filled, approximately 85% with local businesses. Presentation are scheduled from 10:15 to 3:30 from groups such as: First

Memorial, Tai Chi, Sun Life Financial, Helix Hearing, CARP, the Dementia Society, Smartcare Clothing, Travel In Style, Community Info (211) and Arnprior-McNab-Braeside Seniors at Home who will also provide free transportation. They have received assistance from the Carp Commons, the Villa and Island View Suites. Bags will be provided at the door to hold materials collected during the Fair. Volunteers are still needed if anyone would like to help out.

Graeme also advised that on the following day, Sunday March 31st, the Nick Smith Centre will host the Recreation and Culture Fair to show case recreational and cultural programming available within the Town.

5.4 Age Friendly Training Programs – Karen Simpson

Robin and Karen will continue to work on this initiative and report back.

5.5 Intergenerational High School Program – Eleanor Hotchkiss

Nothing new to report at this time.

5.6 Seniors Snow Removal Process – Dennis Harrington, Zander Abercrombie

The principle at ADHS did send an email letter to all students requesting volunteers for snow removal or yard work, only one response was received. It was suggested that maybe a presentation to the student body in the fall may be more successful in getting interest from students looking for volunteer hours.

5.7 MTO Transportation Grant – Dennis Harrington, Robin Paquette

Nothing new to report as we await receipt of the Grant funds.

5.8 Senior's Housing Initiative – Darrel O'Shaughnessy

Laurel agreed to chair a sub-committee comprised of Darrel, Dennis, Wendy, Angie, Sandra and Robin who offered their assistance. This group will meet on March 25th.

5.9 Community Challenge Dragon Boat Festival – Graeme Ivory

Graeme advised that the Dragon Boat Festival on July 20th has about 4-5 teams signed up for the Community Challenge so far. Registration is on the Town's website.

5.10 Jumpstart Accessibility Grants - Geoff Patterson and Graeme Ivory

Nothing new to report as we await word on the grant submissions.

6. New Business

Ralph Chown shared his experience in attending an Invitational Swim Meet for the Senior Games in Trenton, Ont. recently and provided information to Graeme for our local organization. He was very impressed with the organizing and pleasantly surprised to attend a competition with 27 athletes present.

7. Adjournment

The meeting was adjourned at 9:45 am.

Next meeting of the GASC will be held on Wednesday, April 17 at 9:00 am at the Arnprior Public Library, Gaumont Room (lower level), 21 Madawaska Street, Arnprior.